

To say that Australians are passionate about sports is an understatement. Sport is a big part of Australian life. This is not a surprise when you consider the outdoor lifestyle enjoyed by Australians.

The main sports that play a key role in Australian culture include:

- AFL (Australian Rules Football)
- Rugby (Both league and union)
- Cricket
- Soccer
- Tennis
- Swimming
- Basketball
- Netball
- Cycling
- Baseball

Sport is enjoyed by children and adults of all ages both from a participation and supporter perspective. Access to facilities is generally easy in most Sydney suburbs. Most children in Australia learn to swim at an early age.

CHILDREN'S SPORT

Children's sport is particularly well catered for and highly encouraged in schools. There are also local clubs for a variety of sports and in fact it is hard to find a sport that does not have some form of representation. Local councils can provide details of what clubs are available in their area.

Starting with toddlers and children, aged 2.5 to 6 years. As an example, 'Ready Steady Go Kids' runs a program which is physio-designed **multi-sport** activities teaching preschoolers the fundamentals of **10 different sports** which will develop and enhance motor skills in a fun, social, non-competitive and supportive environment.

GOLFERS

Golfers too are well catered for with a huge choice of both public and private courses available. Some private courses can be expensive to join and some may even have a waiting list but most golfers are able to find a suitable club without difficulty be it private or public. Because of Sydney's location there is a good mix of spectacular coastal courses, tranquil bush settings and quality suburban courses.

GYMS

There are many gyms available in Sydney offering various types of training. Most have long opening hours and some are even 24/7. Many offer classes in aerobics, Pilates and yoga. Once a residential suburb has been decided upon, or a work location is known, various gym options in that local area can be sought.

BOATING

A licence to operate a boat in New South Wales is required.

There are two classes of boat licence:

- General boat licence (GBL) and
- Personal Watercraft (PWC) licence.

To get a PWC driving licence it is necessary to get a general boat licence first. A general boat licence is available from the age 12. There are licence restrictions for people under age 16. Generally, an education course and a test must be undertaken. For more details please visit the site hyperlink in the Fishing section below.

FISHING

Sydney is great for fishing and a widely enjoyed pastime. When fishing in NSW waters, both freshwater and saltwater, it is required by law to pay the NSW Recreational Fishing Fee ('licence') and to carry a receipt showing the payment of the fee. [Click here](#) for more information regarding both boat and fishing licences.