

# **Sports & Leisure Fact Sheet** Perth, WA

To say that Australians are passionate about sports is an understatement. Sport is a big part of Australian life. This is not a surprise when you consider the outdoor lifestyle enjoyed by Australians.

The main sports that play a key role in Australian culture include:

- AFL (Australian Rules Football)
- Rugby (Both league and union)
- Cricket
- Soccer
- Tennis
- **Swimming**
- Basketball
- Netball
- Cycling
- Baseball

Sport is enjoyed by children and adults of all ages both from a participation and supporter perspective. Access to facilities is generally easy in most Perth suburbs. Most children in Australia learn to swim at an early age.

#### CHILDREN'S SPORT

Children's sport is particularly well catered for and highly encouraged in schools. There are also local clubs for a variety of sports and in fact it is hard to find a sport that does not have some form of representation. Local councils can provide details of what clubs are available in their area.

Starting with toddlers and children, aged 2.5 to 6 years. As an example, 'Ready Steady Go Kids' runs a program which is physio-designed multi-sport activities teaching preschoolers the fundamentals of 10 different sports which will develop and enhance motor skills in a fun, social, non-competitive and supportive environment.

## **GOLFERS**

Golfers too are well catered for with a huge choice of both public and private courses available. Some private courses can be expensive to join and some may even have a waiting list but most golfers are able to find a suitable club without difficulty be it private or public. There is a good mix of spectacular coastal courses, tranquil bush settings and quality suburban courses.













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#### **GYMS**

There are many gyms available in Perth offering various types of training. Most have long opening hours and some are even 24/7. Many offer classes in aerobics, Pilates and yoga. Once a residential suburb has been decided upon, or a work location is known, various gym options in that local area can be sought.

# **BOATING**

A licence to operate a boat in WA is a requirement. You must hold a Recreational Skippers Ticket (RST) to operate a recreational vessel with a motor greater than 6hp. In WA you are required to register any recreational vessel that is, or can be, propelled by mechanical power.

Find out more about boating rules here.

## **FISHING**

Perth is great for fishing and it is a widely enjoyed pastime. In WA you are required to have a recreational fishing licence.

Go to the Fishing and Aquaculture tab on <u>this website</u> to get all the information required. Fishing guides can also be obtained form on same website.











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